

Multi-Disciplinary
Prevention Advisory
Committee
(MPAC)

December 2, 2015

Nevada Coalitions:
Prescription Drug
Prevention Efforts

NEVADA DRUG SUMMIT

RX, MARIJUANA & OTHER DRUGS

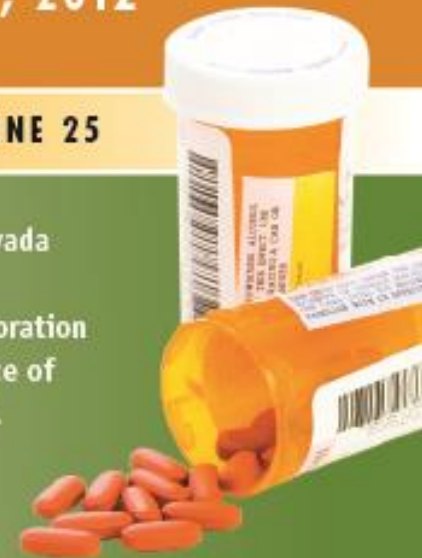
ATLANTIS CASINO RESORT SPA, RENO
OCTOBER 1-2, 2012

FULL REGISTRATION INFORMATION TO BE RELEASED BY JUNE 25

Join key stakeholders from across the state to hear from national and state experts on the issues of prescription drugs, marijuana, and other drugs of abuse impacting Nevada.



Sponsored by the Nevada
Statewide Coalition
Partnership in collaboration
with the Nevada Office of
the Attorney General.



Some History

- In 2013 SAPTA wrote the Partnerships for Success (PFS) grant with a primary focus of prescription drug prevention. \$2,202,507 was awarded per year for five years. Mandated 85% be awarded to local communities.
- In January of 2014 a statewide Root-Cause Analysis meeting was hosted by SAPTA and existing data from state and community partners was gathered. A plan was developed to address:

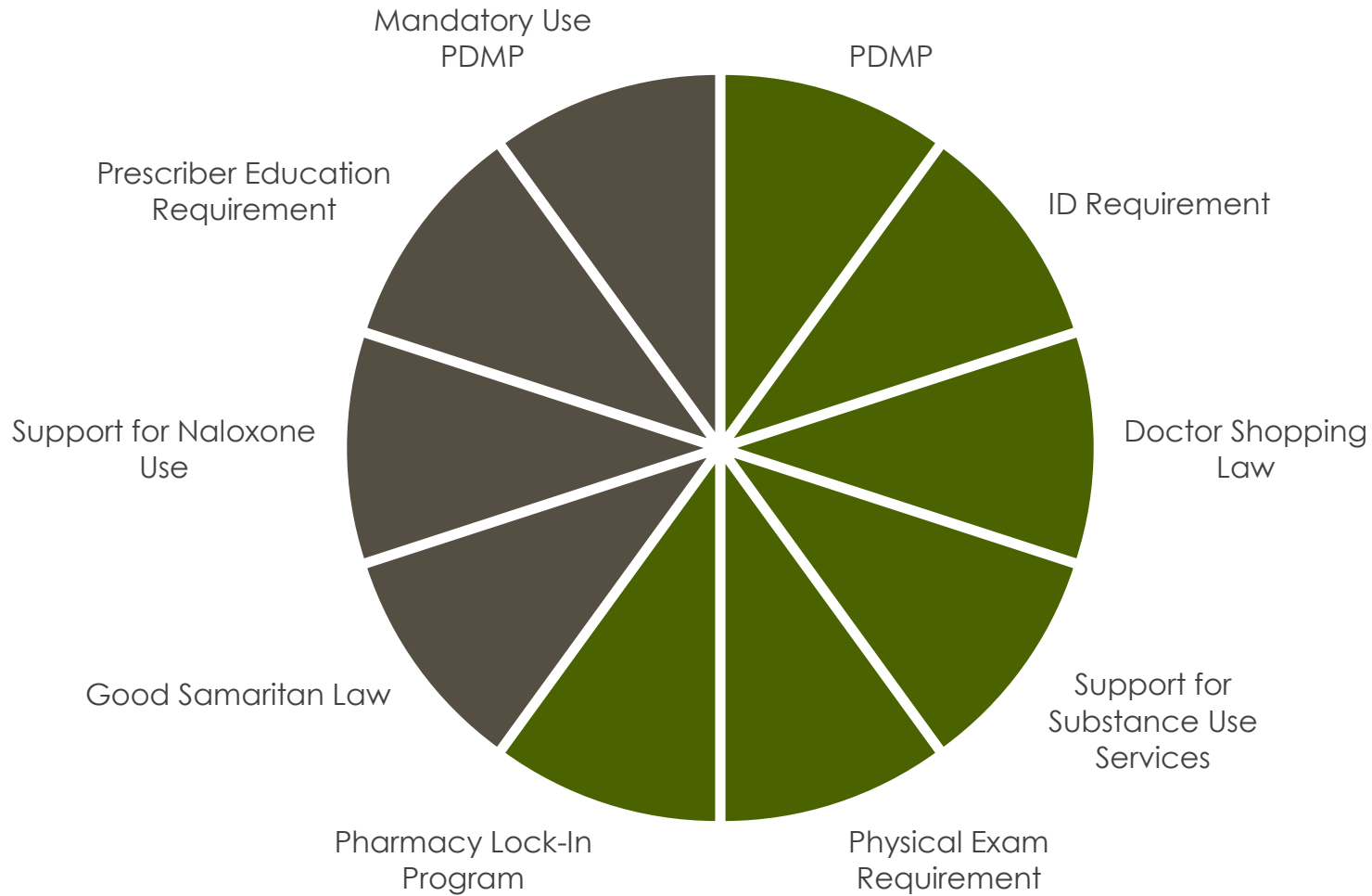
“The prevalence of misuse/abuse of prescription drugs increased by 27% from 2002 to 2010.”

- Funding began in February of 2014.

Some History

- In September 2014 the National Governor's Association Policy Academy on Prescription Drug Prevention engaged Nevada in their efforts.
- SB459 was introduced during the 2015 legislation session and was approved by the Governor on May 5, 2015.
- In May of 2015 Nevada held two In-State Policy Workshops (Carson and Las Vegas) to engage key stakeholders in developing Nevada's plan.
- The plan was approved by the Governor in November of 2015.

Key Indicators for Addressing Prescription Drug Misuse in Nevada





**National Governors
Association Policy Academy
on Prescription Drug Abuse
Prevention**

State of Nevada Plan to
Reduce Prescription Drug Abuse



Community Education

Medical Provider
Education

Criminal Justice
Interventions

Screening and
Treatment

Data

SHARED OBJECTIVES
BUILD TEAM SPIRIT

SHARING
PRESCRIPTION DRUGS IS

**DANGEROUS
AND
ILLEGAL**



 **PACE Coalition**
Healthy Communities . . . Whatever It Takes
1645 Sewell Dr., Suite 41 • Elko, NV 89801
775.777.3451 • www.pace-coalition.org

Sponsored in part by SAMHSA and/or the Substance Abuse Prevention and Treatment Agency of Nevada (SAPTA).



**DON'T BE
YOUR KID'S
DEALER.**

**LOCK UP YOUR
PRESCRIPTION DRUGS.**

*You have the power
to help prevent drug abuse.*

 **JTNN**
Join Together Northern Nevada
jtnn.org



**Pain meds can be addictive.
Consider alternatives.**

HealthierNV.org

Keep them safe Lock up your meds

HealthierNV.org



Not Worth The Risk

Rx Abuse



PACE Coalition
www.pace-coalition.org

Operated in part by UNLV's Center for Substance Abuse Prevention and Treatment Agency of Nevada (CAPTAN)

Community Education

Nevada Is Overmedicated



Center for Disease Control, Vital Signs, 2014

In 2012, healthcare providers wrote 259 million prescriptions of pain medications, which amounts to enough for **every American adult to possess one bottle of pills.**



Number of prescriptions of Xanax filled per Nevada resident in 2008.

{52%}
filled in
Las Vegas

{18%}
filled in
Reno

{12%}
filled in
Henderson



94 painkiller prescriptions were written per **100** people in Nevada in 2012.

QC Vital Signs, July 2014

In 2009, Nevada was one of the top ten states for non-medical use of painkillers among teenagers aged

12 to 17.

National Survey on Drug Use and Health, 2009-2010



40 deaths per day are attributed to the misuse of prescription pain relievers.



National Drug Control Strategy, Executive Office of the President of the United States, July 2014



SAMHSA, 2009 National Survey on Drug Use and Health, September 2010

70% of non-medical prescription drug users reported obtaining their drugs from a friend or relative.

Help us reduce prescription drug abuse.



Sponsored by SAMHSA and by the Substance Abuse Prevention and Treatment Agency of Nevada (SAPTE)

Rx Abuse & Diversion: A National Problem

In 2012, healthcare providers wrote 259 million prescriptions of pain medications, which amount to enough for every American adult to possess one bottle of pills.

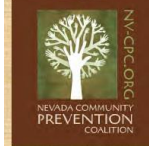
(Center for Disease Control, Vital Signs, 2014)

Second to Marijuana, prescription drugs are the most widely used illicit drug among individuals 12 and older.

(National Survey on Drug Use and Health, Center for Behavioral Statistics and Quality SAMHSA, U.S. Department of Health and Human Services, September 2013)



NV PMP



Addiction and Diversion

Comprising 70% of misused prescription drugs, opioid pain relievers are the most commonly misused prescription drug.

(National Survey for Drug Use and Health, SAMHSA, September 2013)

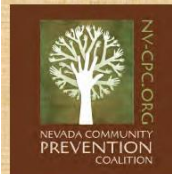
Among those 12 and older who misused prescription pain relievers:

1. 60% obtained the pills for free from friend or relative
2. 10% took them from a friend without asking
3. 26% purchased them from a friend or relative
4. 27% received them from a doctor.

(National Survey for Drug Use and Health, SAMHSA, September 2013)



NV PMP



The Cost of Opioid Use by Pregnant Women

The number of infants born to American mothers addicted to prescription pain medications is rising, and so are the costs of treating those babies.



Every **25 minutes**, a baby is born suffering from opioid withdrawal.

An estimated **31,732** babies were born with this syndrome in the United States in 2012.

60%



of babies exposed to painkillers developed Neonatal Abstinence Syndrome (NAS), which includes withdrawal symptoms and complications.



A healthy, drug-free baby stays in the hospital for 1-2 days.

Babies with NAS remain in the hospital for an average of

23 days.



\$55k the cost of treating a newborn with NAS.

Compared to the cost of caring for healthy newborns, an additional **\$4.1 million** was spent in 3 years on the care of NAS babies.

Most of the treatment for babies suffering from NAS is paid for by state Medicaid programs.



Help us reduce prescription drug abuse.



Join Together Northern Nevada
jtnn.org

Source: Opioid Use in Pregnant Women and the Increase in Neonatal Abstinence Syndrome: What is the Cost?, Journal of Addiction Medicine, May 2015; Harpe et al., JAMA, 2012; Patrick et al., Journal of Perinatology 2015.
Sponsored (in part) by SAMHSA and/or the Substance Abuse Prevention and Treatment Agency of Nevada (SAPTA).

When misused ... some of the most frightening things in this house come in a prescription bottle.



PACE Coalition

Healthy Communities . . . Whatever It Takes
1645 Sewell Dr., Suite 41 • Elko, NV 89801
775.777.3451 • www.pace-coalition.org



Sponsored (in part) by SAMHSA and/or the Substance Abuse Prevention and Treatment Agency of Nevada (SAPTA).

Prescription Drug Abuse Prevention



Over 1/3 of medication poisonings in children involve grandparent's medications.

One in four teens have abused prescription drugs in their lifetime and often get those drugs from unsuspecting family members, especially grandparents.

Many over-the-counter medications such as cough and cold medications pose health risks to children.

Remember the Following:



- Take inventory of every medication you are taking.
- Count your medications so you know how many you have.
- Do not keep your medications "just in case" you may need them in the future.
- Clean out your medicine cabinet of unused prescription and over-the-counter medications.
- Don't leave your medications in plain sight.

Very Important

- Keep your medications in child-resistant containers.
- Lock Your Medications in a small lockbox or purchase a medicine cabinet that has a locked compartment within it.
- Dispose unused/unnneeded prescription drugs and over-the-counter drugs in Drug Collection Units.
- These units are available at the Senior Center and at the Desert View Hospital.



NyE Communities Coalition
1020 E. Wilson Rd.
Pahrump, NV 89048
Ph: 775.727.9970
F: 775.727.9971
Visit us at www.nyecc.org

DON'T BE YOUR KID'S DEALER!
LOCK UP YOUR PRESCRIPTION DRUGS
www.nyecc.org

MedReturn

Drug Collection Units
Make EVERY Day a Drug Take-Back Day!

Locations of Drop Boxes on the back of this card

NyE Communities Coalition | 1020 E. Wilson Rd. Pahrump, NV | Ph: 775.727.9970

Sharing your chocolate milk is sweet.



Sharing your prescriptions is illegal & dangerous.



PACE Coalition

Healthy Communities... Whatever It Takes
1645 Sewell Dr., Suite 41 • Elko, NV 89801
775.777.3451 • www.pace-coalition.org



Sponsored in part by SAMHSA and/or the Substance Abuse Prevention and Treatment Agency of Nevada (SAPTA).

Alternate Pain Management

**ALTERNATIVE PAIN
MANAGEMENT LIST OF PROVIDERS:**
www.churchillcoalition.com


Fallon:

Fallon Chiropractic Center, Bishop Lynn A DC, 195 N Ada St— (775) 423-5519
 Fallon Family Chiropractic, 967 W Williams Ave— (775) 423-7000
 Lahontan Valley Chiropractic, 210 S Taylor St— (775) 423-5878
 Quam Robert S DC, 693 W Williams Ave— (775) 423-7555
 CC Massage Therapy, 510 South Main St— (775) 722-8887
 High desert massage Therapy, 161 Industrial Way—(775) 315-6503
 Massage Works, 1680 West Williams Ave.—(775) 423-8116
 Katherine Mathews, 745 South Taylor Street—(775) 303-3429
 The Rub (Desert Wind Salon), 238 South Taylor Street— 775-427-1099

Reno/Carson City:

Dr. Michael Gerber, Gerber Medical Clinic, (775)826-1900, 1225 Westfield Ave., Reno NV 89509
 Dr. Robert Eslinger, Reno Integrative Medical Center, (775)829-1009, 6110 Plumias St., Reno NV 89519
 Dr. Martin Rutherford, Power Health Reno, (775)329-4402, 1175 Harvard Way, Reno NV 89502
 Dr. Randall Gates, Power Health Reno, (775)329-4402, 1175 Harvard Way, Reno NV 89502
 Dr. Richard Ketring, Power Health Reno, (775)329-4402, 1175 Harvard Way, Reno NV 89502
 Dr. Tony Jensen, (775)323-1222, 112 W. Moana Ln Ste. 101, Reno NV 89509
 The Finley Center, (775)337-1334, 6490 S. McCarran Blvd., Reno NV 89509
 Dr. David Edwards, Bio Health Center, (775)828-4055, 615 Sierra Rose Dr., Reno NV 89511
 Dr. Nancy Conley MD, (775)829-2277, 10415 Double R Blvd., Reno NV 89521
 Dr. Bruce Eichelberger, (775)827-6901, 85 Washington St., Reno NV 89503
 Sierra Integrative Medicine Center, (775)828-5288, 9322 Double R Blvd., Reno NV 89521
 The Nevada Center of Alternative and Anti-aging Medicine, (775)884-3950, 1231 Country Club Dr., Carson City NV 89703

"Supported by Drug Free Communities"



Look into it!

- Some local hospitals such as Saint Mary's, Renown & Carson Tahoe offer alternative pain management. Our local practitioners are on our website. Visit us at www.churchillcoalition.com to get more information.



www.churchillcoalition.com

Acupuncture:

Acupuncture is an old Chinese remedy, proven to help control pain, especially for those with arthritis and cancer. Acupuncture even helps with problems of addiction.

- Acupuncture works by releasing hormones, disabling receptors and activating anti-inflammatory chemicals.

Naturopathic Medicine

Naturopathic medicine emphasizes prevention, treatment, and optimal health through the use of therapeutic methods and substances that encourage individuals' inherent self-healing process.

Foundations are:
Healing powers of nature, identify & treat causes, first do no harm, doctor as a teacher, treat the whole person and prevention

Massages:

Massage is recommended by at least 70% of doctors for pain management.

- Massage helps to loosen tense muscle and increase circulation. It also helps the brain release natural pain killer hormones called opioids.

The Churchill Community Coalition is not affiliated with, and does not support any business or individual mentioned in this flyer. Churchill Community Coalition cannot be held liable for any and/or all claims, demands, damages, injuries, actions, causes of action or suits of any kind or nature whatsoever that any person and/or business may have resulting from or in relation to any encounter or circumstance with any business and/or individual listed in this flyer. It is always good to use discretion in choosing the appropriate forms of therapy and right provider.



FREE Chronic Pain Support Group Wednesdays at noon

Meet and talk with others
who live with chronic pain —
in a safe, supportive environment.

What: an abstinence-based support group for those who have chronic pain

Who: anyone who has chronic pain and a desire to not use opioid medications

When: 12 p.m. - 1 p.m. Wednesday

Where: 505 S. Arlington, Suite 110
Reno (corner of Arlington and California)



For more information
call 775-324-7557
or email jennifer@jtnn.org

This publication was supported in whole or in part by the Nevada Division of Mental Health and Developmental Services (NMHDS), Substance Abuse Prevention and Treatment Agency (SAPTA) through State General Funds under the Substance Abuse Prevention and Treatment (SAPT) Block Grant from Substance Abuse and Mental Health Services Administration (SAMHSA). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. DHS, SAMHSA, or the State of Nevada.

JTNN Join Together Northern Nevada
Nevada's Partnership for a Healthier Community



Pills Anonymous

Pills Anonymous is a fellowship of men and women including teens and young adults 18+. This program is to share experiences, strengths & hope on the recovery from Prescription PILL addiction.

Open Meeting

When: Sept 12, 2015

At: 5:30 PM

Location: Fallon Recovery Association
141 Industrial Way

Administration of meetings will be conducted in the same manner as all other anonymous groups held at the Fallon Recovery Association; Follow the building rules and responsibilities as agreed upon with all groups.

Thank You
For Participating & Respecting All Rules



www.churchillcoalition.com

This publication was supported in whole or in part by the Nevada Division of Public and Behavioral Health, Substance Abuse Prevention and Treatment Agency (SAPTA) through State General Funds under the SAPT Block Grant of the Substance Abuse and Mental Health Services Administration (SAMHSA). The contents and liability for responsibility of the authors and do not necessarily represent the official views of the U.S. DHS, SAMHSA, or the State of Nevada.

Community Education



Print Ads:

Billboards
Newspapers
Websites
Newsletters
School Venues
Medical Facilities
Community Events
Magazines
Social Media

TV/Radio/Movie Theater Ads:

Lock up your meds
Over prescribing
Consider alternatives
Talk to your doctor



Pharmacy Bags

**SAVE MART
PHARMACY**

(775) 841-4430
3620 N. Carson Street
Carson City, NV 89706

**Dispose Unused Meds
at Home *Rx***

1. Put unused or expired solid medication in a sealable bag.
2. Crush the pills with a can of food. (Include pet and liquid medication)
3. Add a small amount of water to help dissolve solid medication.
4. Add kitty litter or coffee ground, to make medicine unattractive to children and animals.
5. Seal and gently mix the contents together.
6. Toss bag into trash.
7. Remove/destroy personal information on medicine containers.
8. Trash or recycle medicine containers.

**PARTNERSHIP
Carson City**



775-841-4730

www.partnershipcarsoncity.org

BACK

GUSSET FRONT GUSSET

healthiernv.org

P.A.S.S. IT ON!

Proper disposal of old/unused medications
For information on the next prescription drug take back day, visit healthiernv.org

Awareness of prescription abuse
Nearly 1 in 4 teens has abused a prescription medication. Abuse of prescription drugs can be addictive and fatal.

Secure storage of prescription medications
Keep your medication in a locked location out of the hands of those who could abuse them.

Safety for children and teens
Talk to your loved ones about the dangers of abusing prescription and over-the-counter drugs.

PACT COALITION
PREVENTION, ADVOCACY, CHOICES, TEAMWORK

healthiernv.org

DID YOU KNOW?

94 PAINKILLER PRESCRIPTIONS WERE WRITTEN PER 100 PEOPLE IN NEVADA IN 2012.
CDC Vital Signs, July 2014

70% OF NON-MEDICAL PRESCRIPTION DRUG USERS REPORTED OBTAINING THEIR DRUGS FROM A FRIEND OR RELATIVE.
SAMHSA, 2009 National Survey on Drug Use and Health, September 2010

40 DEATHS PER DAY ARE ATTRIBUTED TO THE MISUSE OF PRESCRIPTION PAIN RELIEVERS.
National Drug Control Strategy, Executive Office of the President of the United States, July 2014

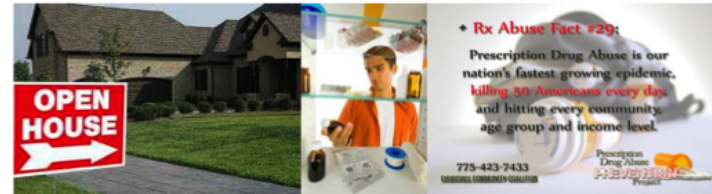
Trainings

GENERATION **Rx**

PRESCRIPTION DRUG ABUSE



<https://www.youtube.com/watch?v=3Dgyw0HXR6E>



Did you know prescription drug thieves are stealing from medicine cabinets during open houses and property showings?

Many realtors across the country are now taking steps to make their clients aware of this issue and to help keep their Open House and property showings from becoming opportunities for Prescription Drug Theft.

The Drug Enforcement Administration (DEA) has observed this trend. "Stealing drugs from open houses is indeed a technique drug thieves use to obtain controlled substance prescription drugs," said the DEA's Barbara Carreno. She said drugs stolen during open houses include opioid painkillers, anti-anxiety drugs, ADHD drugs, Xanax and Valium. DEA enforcement groups, called tactical diversion squads, have found drugs on the black market that have been stolen during open houses, Carreno added.

Churchill Community Coalition and the Prescription Drug Abuse Prevention Project invite you to join with us in preventing Prescription (Rx) Drug Abuse by preventing the opportunity for theft. We are offering totes for your clients to use to remove their prescription drugs during Open House and property showings, as well as Prescription Drug Lock Boxes to help keep their medications safe from theft. You can take extra steps to ensure the safety of your clients and their properties by stating on your website and advertisements that all medications are removed from all properties before open house and showings.

Contact Us to Learn More and to Partner with Us in Preventing Prescription Drug Abuse:

Churchill Community Coalition

Phone: 775-423-7433

Mary Beth Chamberlain,

Rx Drug Abuse Prevention Project Coordinator

Email: marybethcham@gmail.com

Chelsey Stimson, Data and Outreach Coordinator

chelseystimson@gmail.com

FACEBOOK: <https://www.facebook.com/RxDrugAbusePrevention>

WEBSITE: www.churchillcoalition.com



<https://ncadd.org/in-the-news/612-thieves-steal-prescription-drugs-from-medicine-cabinets-in-open-houses> Sponsored (in part) by SAMHSA and/or the Substance Abuse Prevention and Treatment Agency of Nevada (SAPTA).

Prescription Drug Abuse It's Impact Upon Senior Citizens

This workshop will help identify any personal concerns people may have regarding prescription drug abuse as well as how to prevent others from abusing your prescription drugs. Please join us for this very informative presentation.

Wednesday, February 11th, 2015
10am - 11am

At Pahrump Senior Center, Inc.
1370 W. Basin Ave. Pahrump, NV 89060



NyE Communities Coalition
1020 E. Wilson Rd. Pahrump, NV 89048
Ph: 775.727.9970
Em: info@nyecc.org



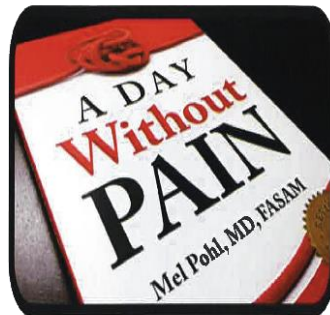
How to Home Dispose of Prescription Drugs

1. Put unused or expired solid medication in a sealable bag. (Include pet and liquid medications.)
2. Crush the pills with a can of food.
3. Add a small amount of water to help dissolve solid medications.
4. Add kitty litter, or coffee grounds, to make medicine unattractive to children and animals.
5. Seal and gently mix the contents together.
6. Toss bag into trash.
7. Remove/destroy personal information on medicine containers.
8. Recycle medicine containers.



Medications, Addiction & Pain Management

Join in the conversation as we discuss pain management



Trainings:

Senior Centers
Community Forums
Law Enforcement
Schools
Service Providers
Judges/DAs/Public Defenders
Civic Organizations
Mines
Hospitals
State Agencies
First Responders
Realtors
Military

Prescription Drug Use in the Workplace

Keeping Yourself and Your Coworkers Safe and Healthy

Brought to you by:

****Insert Coalition Logo Here****

Workplace Training:

Developed by PACE
Coalition and tailored to
fit each coalition area

FREE Prescription Drug Abuse in the Workplace Training

For more information, contact Nadia Noel at
775.324.7557 or nadia@jtnn.org.



It's no secret that prescription drug abuse affects employee performance and the price companies pay each time one of their team members experiences a substance abuse problem.

Join Together Northern Nevada offers free trainings to businesses on prescription drug abuse in the workplace, covering everything you need to know about substance abuse, including:

- The signs/symptoms of prescription drug abuse
- What to do if a coworker or employee appears to be abusing prescription drugs
- Nevada laws related to prescription drug abuse
- How to create or refine company policy to address prescription drug abuse
- The support systems employees need in order to overcome substance abuse

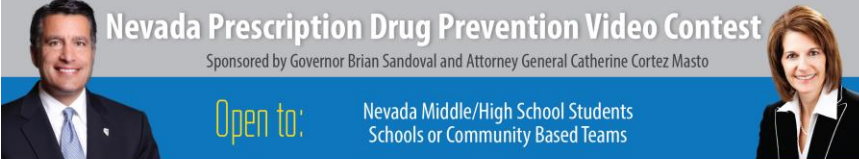
For more information on this training please contact Nadia Noel, community outreach specialist at 775.324.7557 or by email nadia@jtnn.org.



Join Together Northern Nevada
jtnn.org
775.324.7557

Nevada Prescription Drug Prevention Video Contest
Sponsored by Governor Brian Sandoval and Attorney General Catherine Cortez Masto

Open to: Nevada Middle/High School Students
Schools or Community Based Teams



Create a Message About Prescription Drug Abuse

This is an opportunity for Nevada students to get creative and use social media to promote awareness about prescription drug abuse and encourage their peers to stay away from abusing prescription drugs.

Express Your Creativity! → #StopNVRxAbuse



Rules

To participate in the contest:

- Produce an original video and upload it to YouTube.
- Your video must address the dangers of prescription drug abuse and be formatted as follows:

- YouTube: Max. length 30 seconds
- Instagram: Max. length 15 seconds
- Vine: Max. length 6.5 seconds

Submit your video at: www.NV-PSA.com

EXTENDED!!! Deadline: October 13, 2014

Prizes

Winners will be selected from each Nevada school district. Final winners will be announced November 10, 2014.

Winners will advance to the state level where 1st, 2nd, and 3rd place winners will be selected in each social media category.

First place winners in each category will be recognized at a special event at the Governor's Mansion.

State Level Prizes:

 \$1,000

 \$750

 \$500

Please visit www.NV-PSA.com for complete contest rules.

Statewide Contest:
Approximately 200 youth submitted You Tube, Instagram and Vine messages. Submittals used in media messaging statewide.



Office of the Attorney General



Nevada Board of Pharmacy
Nevada Division of Public and Behavioral Health



Solutions
Recovery, Inc.
A Division of the Nevada Department of Health



Nevada Statewide
Coalitions Partnership

THE PRESCRIPTION FOR ADDICTION Webinar Series – 2014

Doctor Shoppers: Their Drugs and You

Thursday, March 13, 2014, 8 am - 9 am

Larry Pinson, PharmD, Nevada State Board of Pharmacy, Reno, Nevada

Opioids or Not?

Thursday, May 29, 2014, 8 am - 9 am
Mel Pohl, MD, Las Vegas Recovery Center,
Las Vegas, Nevada

The Human Side of Addiction

Thursday, July 31, 2014, 8 am - 9 am
Garry Rubinstein, Licensed Drug & Alcohol
Counselor, Reno, Nevada

Overview

The purpose of these webinars is to update physicians and other healthcare providers on the misuse of opioids, whether or not to prescribe opioids, and what to do if a patient becomes addicted.

Registration

Registration is required for each activity date. To register, visit www.medicine.nevada.edu/cme. There is no charge to participate in these CME webinars. For additional information please call (775) 784-4791.

Each one hour webinar is 1 CME/CE credit.

Physicians: The University of Nevada School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The University of Nevada School of Medicine designates this live activity for a maximum of 3 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: The University of Nevada School of Medicine approves this program for 3 hours of nursing continuing education credit.

Pharmacists: The University of Nevada School of Medicine is a provider of continuing education credit through the Nevada State Board of Pharmacy. This program is approved for 3 hours of continuing education credit for pharmacists.

Ethics Credits: This program provides 3 CME credits toward the Nevada State Board of Medical Examiners' requirement for continuing medical education credit in ethics.

This project supported by BJA grant 2011-DG-BX-00031 awarded to the Reno Police Department by the US Department of Justice.



OPIOIDS OR NOT

Thursday, June 25, 2015 | Las Vegas, Nevada

Registration & Dinner 5:00 p.m.; Program 5:30 p.m. - 7:30 p.m.

This program meets the Nevada State Board of Medical Examiners' requirement for 2 continuing medical education credits in ethics!

Chronic pain occurs as a complicated web of emotions and physical symptoms. The most common way to treat pain is to use opioid medications, which actually complicates the course of chronic pain. For some individuals who develop chemical dependency/addiction to these medications, management and treatment for their condition can become much more complicated. Learn More
Registration Cost: \$25

LEARNING OBJECTIVES

- Review fundamentals of pain and suffering
- Differentiate acute and chronic pain
- Explore neurobiology of pain
- Describe central pain
- Discuss chronic pain syndrome
- Review medication treatments for chronic pain
- Discuss non-opioid medications
- Discuss rational prescribing, including screening, entry and exit strategies
- Describe access and querying Nevada's PMP

THE PRESCRIPTION FOR ADDICTION PSYCHOPHARMACOLOGY AND ADDICTION OF ABUSED DRUGS

Series – 2014



Monday, August 18, 2014

Atlantis Casino Resort Spa, 3800 S. Virginia Street, Reno, Nevada

Faculty

Darryl Inaba, PharmD, Associate Clinical Professor, School of Pharmacy, University of California, San Francisco, Director of Clinical and Behavioral Health Services at Addictions Recovery Center

Schedule

5:00 pm | Registration and Dinner
5:30 pm – 7:30 pm | Presentations

Registration and Fees

To register and view full agenda, visit our website at medicine.nevada.edu/cme

Cost

\$80.00

For additional information please call
(775) 784-4791

Learning Objective

- Identify new challenges emerging from the use of prescription amphetamines, synthetic designer drugs, and marijuana.

Dr. Inaba is the author of *Uppers, Downers, All Arounders*



THE PRESCRIPTION FOR ADDICTION OPIOIDS OR NOT?

Series – 2014



WEDNESDAY, MAY 28, 2014

University of Nevada School of Medicine, PHS 103, Reno, NV • Great Basin College, High-Tech Center, Room 121, Elko, NV (Televised)

Faculty

Mel Pohl, MD, FASAM, Medical Director,
Las Vegas Recovery Center, Las Vegas, Nevada

Schedule

5:00 pm | Registration – light meal will be provided
5:30 pm – 7:30 pm | Presentations

Registration and Fees

To register and view full agenda, visit our website at medicine.nevada.edu/cme

Cost

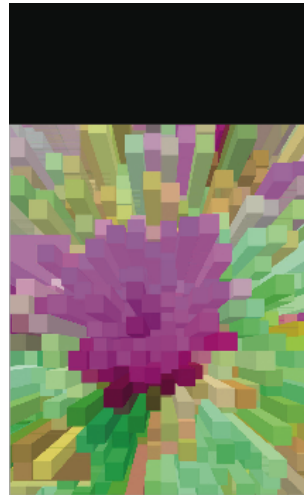
\$55.00

For additional information please call
(775) 784-4791

Learning Objectives

- Appropriately and safely prescribe opiate medications to treat pain
- Discuss narcotic alternatives
- Identify new trends in pain management





Medication Assisted Treatment *The Impact of Opiate Blockers on the Community*

October 22, 2015
Harrah's Reno
Douglas Ormsby Room

5 p.m. - 5:30 p.m.
Registration & Dinner

5:30 p.m. - 8 p.m.
Program

Medication Assisted Treatment

The case for using an opiate antagonist for patients with a history of opioid or alcohol abuse.

Presenters:

Michael Stackpool, MD
*Emergency Medicine Physician, Exempla Lutheran Hospital
Medical Director, Arapahoe House*

Desirée Crèvecoeur-MacPhail, PhD
*Research Psychologist and Principal Investigator,
UCLA Integrated Substance Abuse Programs*

Sergeant Brad Rose
Reentry Coordinator, Sacramento County Sheriff's Office

Who Should Attend:

- physicians
- nurses
- substance abuse professionals
- other medical professionals
- policymakers
- attorneys
- judges
- law enforcement

Learning Objectives:

Learn how opiate blockers are reducing community costs by lowering rates of relapse and recidivism.

Attendees will gain insight from a physician, a researcher and a law enforcement officer who have experienced the effects of using suspended release naltrexone in their communities.

CME, CLE, CE and POST credits available.

To register:

Medical professionals, visit medicine.nevada.edu/cme
All others, please contact JTNN at 775.324.7557 or jennifer@jtnn.org.

Increasing PMP Enrollment: Carson City

January 2015 – 172 non-registered providers, 172 contacted by letters, 101 on-site visits, as of 10/8/15 82 are now registered

January 2015 – 21 non-registered dentists, 21 contacted by letters or phone, 18 on-site visits, as of 10/8/15 18 are now registered

Beneficial to
Your Practice

Safe for
Your Patients

The advertisement features a close-up of various blue and white pills. A yellow wavy graphic separates the top and bottom sections. In the bottom right, an orange pill bottle is tipped over, spilling several blue and white capsules.

The Nevada Prescription Monitoring Program (PMP) is a tracking system that allows prescribers and pharmacists to identify if a patient is receiving controlled substance prescriptions from multiple providers.

By viewing a patient's previous prescription history, prescribers are able to evaluate a patient's treatment plan and provide a better service.

For more information visit HealthierNV.org/Prescribers

Signup is easy and takes only 5 minutes.

First gather these documents:

- DEA Number and NPI
- Professional License Number
- Controlled Substance ID (Board of Pharmacy Registration)
- Employer information

Then Follow these easy steps:

1. Visit <https://nevada.pmpaware.net/login> and click 'Sign Up'.
2. Create an account by entering your email address and password.
3. Select Healthcare Provider and then choose your specific role.
4. Fill in your information in the boxes marked with a red asterisk. (*)

You'll receive two emails with the following: 1) a verification link you'll need to click, 2) a validation form you'll need to complete and return. Once the information has been received, the PMP administrator will need to approve your account before you can request patient prescription reports.

Nevada Statewide Coalition Partnership **HealthierNV.org**

The advertisement features a doctor in a white lab coat with a stethoscope, looking at a tablet. The background is white with yellow wavy graphics. At the bottom, there is a close-up of various pills.

NV PMP

can quickly identify problem prescribers and individuals misusing drugs -

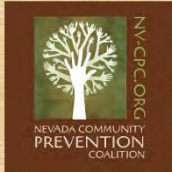
not only to stop overt attempts at “doctor shopping”

but also to allow for better treatment of individuals who are suffering from pain and drug dependence

(Nevada State Board of Pharmacy uses the PMP standards developed by the American Society of Automation in Pharmacy)



NV PMP



Sign Up for NV PMP

Is Easy and Takes only 5 Minutes

First gather these documents:

- o DEA Number or National Provider Number
- o Professional License Number
- o Controlled Substance ID
- o Employer information and your specific license number for your profession

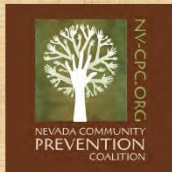
Then follow these easy steps:

1. Visit <http://nevada.pmpaware.net/login> and click 'Sign UP'.
2. Click on Create account and enter in your email and password.
3. Select your role from the list provided, Healthcare Professional, Law Enforcement or Other.
4. Fill in your information in the boxes marked with a red asterisk. (*)

IT'S THAT SIMPLE!

The last step is to click the verification link in the email sent to you and follow the prompts to complete your registration. The PMP Administration will need to approve your account before you can view Prescription History Reports.

NV PMP



Prevent RX Drug Abuse Protect Yourself

The Nevada Prescription Monitoring Program (PMP)

is a tracking system that allows prescribers and pharmacists to identify if you are receiving prescription medications from other providers.

Why Is the PMP Important?

Through the PMP Doctors are able to see certain classes of the prescription drugs you have been prescribed, and decrease health risks by prescribing only necessary prescriptions that won't negatively interact with your other prescriptions.

Prescriber Training Tutorial



Nevada

Prescription Monitoring Program (PMP)

In 2013 purchased drug collection boxes for every law enforcement agency, except Las Vegas Metro. Coalitions heavily promoted usage of the boxes.



MedReturn Drug Collection Unit
Standard Unit

We can reduce opportunities for prescription abuse in Elko County!



These agencies provide safe, free disposal of unused medicine:

- **Elko County Sheriff's Office**
775 W. Silver St., Elko
775.738.3421
- **Elko Police Department**
1401 College Ave., Elko
775.777.7310
- **West Wendover Police Department**
1111 N. Gene L. Jones Way, West Wendover
775.664.2930
- **Western Shoshone Dept. of Public Safety**
1509 Shoshone Circle, Elko
775.738.2650
- **Carlin Police Department**
152 S. Eighth St., Carlin
775.754.2222

Call locations for hours.



PACE Coalition

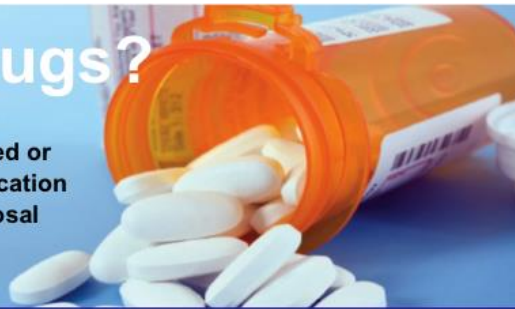
Healthy Communities . . . Whatever It Takes
1645 Sewell Dr., Suite 41 • Elko, NV 89801
775.777.3451 • www.pace-coalition.org



Sponsored (in part) by SAMHSA and/or the Substance Abuse Prevention and Treatment Agency of Nevada (SAPTA).

Got drugs?

Turn in unused or expired medication for safe disposal



Prescription Drug Round Up Thursday, September 24th

Locations

Washoe County Senior Center
1155 East Ninth Street—Reno
10:30 a.m. to 11:30 a.m.

Neil Road Recreation Center
3925 Neil Road—Reno
12 p.m. to 1 p.m.

Acceptable Items:

- unneeded prescription drugs (in original containers with patient name marked out)
- prescription liquids
- pet medications

OTHER OPTIONS FOR DISPOSAL

- Crush prescription drugs in a seal-tight plastic bag. Add kitty litter or coffee grounds. Seal the bag and dispose in the trash.
- Dispose in permanent drop boxes located in the lobby of Reno Police Department, Sparks Police Department and the Washoe County Sheriff's Office.

Sponsors



JTNN Join Together Northern Nevada
Creating Opportunities for Neighborhoods



PRESCRIPTION DRUG ROUNDUP



Saturday September 26th, 2015
9:00 AM - 1:00 PM

Bring your unused and expired prescription drugs to one of the dropoff locations for proper disposal to protect our community and water supply.

Dropoff Locations

**SAVE MART
SUPERMARKETS**

3620 N. Carson St., Carson City
3325 Hwy 50 E., Carson City
4348 S. Carson St., Carson City

Smith's
FOOD & DRUG STORES

599 E William St, Carson City

Acceptable Items:

Unused or expired prescription drugs, over-the-counter, prescription liquids, pet medications and syringes.

For more information, call Partnership Carson City (775) 841-4730
or visit www.PartnershipCarsonCity.org

Disposal provided by Drug Enforcement Administration

Criminal Justice Interventions

Distributed lock boxes, drug tracking cards, and pill counters at Round Ups and Take Back Days



KNPR CLASSICAL PRESENTS
NEVADA PUBLIC RADIO

desert COMPANION

**NEVADA PUBLIC RADIO
RECYCLING DAY**

Saturday, April 25, 8 a.m. to noon.

- Shred old paperwork
- Recycle glass, aluminum, plastic, cardboard
- Bring your old computers, cell phones, appliances and more
- Donate clothes, jewelry, housewares, home decor, etc

PILL TAKE BACK. Turn in your unused or expired medications for safe confidential disposal and destruction. We will even take the prescription bottle.

ALL FOR FREE!

1289 S. TORREY PINES DRIVE, LAS VEGAS, NV 89146
For more information on what will be accepted, visit knpr.org

PRESENTING SPONSOR: **SUBARU OF LAS VEGAS.COM**

MARKETING SPONSOR: **Blind Center** **Shred-it** **REPUBLIC SERVICES** **Goodwill**

PILL TAKE BACK PROVIDED BY **cate**



GOT DRUGS?

Help Prevent Prescription Drug Abuse
Dispose of all Unused Prescription Medications Safely

**24 Hour Prescription Drug Drop Box
Open 365 Days Per Year**

Please No Needles

NO QUESTIONS ASKED!

**Churchill County Sheriff's Office
73 N. Maine St.**

CHURCHILL COMMUNITY COALITION
www.churchillcoalition.com

PREVENTION



Clark County School District Police Department presents
PILL TAKE BACK DAY
It's a great time to clean out your medicine cabinet!
Turn in your unused or expired medication for safe disposal.
Saturday, April 25, 2015 8 a.m. - 12 noon

Medicines in the home are a leading cause of accidental poisoning and flushed or trashed medicines can end up polluting our waters. Rates of prescription drug abuse are alarmingly high - over half of teens abusing medicines get them from a family member or friend, including the home medicine cabinet, and often without their knowledge.
U.S. Drug Enforcement Administration

SPONSORED IN PART BY:
cate

LOCATION:
KNPR Radio
1289 S. Torrey Pines Drive
Las Vegas, NV 89146

For more information, please call Officer Robert Mayer
(702) 366-5244 or (702) 799-7830

FREE document shredding will be done on-site

- Shred old paperwork
- Recycle glass, aluminum, plastic, cardboard
- Bring your old computers, cell phones, appliances and more
- Donate clothes, jewelry, housewares, home decor, etc.

NEVADA PUBLIC RADIO RECYCLING DAY:
knpr **desert COMPANION**

PRESENTING SPONSOR:
SUBARU OF LAS VEGAS.COM

PARTICIPATING SPONSORS:
Blind Center **Shred-it** **REPUBLIC SERVICES** **GOODWILL**

This publication was sponsored in whole or in part by the Nevada Division of Public and Behavioral Health, Substance Abuse Prevention and Treatment Agency (SAPTA) through State General Funds and/or the SAPF Block Grant for the Substance Abuse and Mental Health Services Administration (SAMHSA). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. DHS, SAMHSA, or the State of Nevada.



The Deterra Deactivation System deactivates prescription drugs, preventing misuse and making them safe for disposal.

Why Deterra?

1. Deterra has a 99% success in deactivating narcotics, antibiotics, and transdermal patches.
2. Medications are broken down making them environmentally safe for landfills; it prevents harmful incineration and reduces watershed contamination and ground water contamination.
3. Easy to do, and can be done at home by following the 3 simple step directions provided on the bag.



The Deterra System is powered by MAT₁₂ Molecular Adsorption Technology, which deactivates prescription drugs using proprietary activated carbon. The technology is highly effective in adsorbing and firmly binding pharmaceuticals.

One bag of Deterra can effectively deactivate:

- 90 Pills
- 12 oz. of liquid
- 12 Patches

If One Bag Isn't Enough, Go To

24 Hour Prescription Drug Drop Box
72 N. Middle Street
Fallon NV, 89406
No Questions Asked

www.churchillcoalition.com



Churchill Community Coalition

90 North Maine St.
Fallon NV, 89406
(775) 423-7433
Fax: (775) 423-7504
www.churchillcoalition.com

"Building community bridges to promote positive behavior"

Dear Funeral Home,

The Churchill Community Coalition is committed to promoting the safety and health of the community. We work to educate the community on substance abuse, awareness and prevention. Collected community data revealed that the Nation's prescription (Rx) drug abuse epidemic is an issue in our community as well. In efforts to reduce and prevent Rx drug abuse in our community, we have created a community wide Rx Drug Disposal Program that we are presenting to you and inviting you and your business to join in our effort.

This project is focused on reducing the abuse, pollution and improper disposal of prescription medications. We know that you may have clients that may not know how to dispose of their loved ones old or unused medications. We are providing the Deterra Deactivating System that allows prescription drug deactivation, making them environmentally safe for easy disposal by simply adding water and the desired medications to the provided bag. This can be done by the families of those that have lost a loved one.

The Coalition is providing you with Rx Drug Disposal Packages to share with your clients at no cost to you. Each package contains:

- Deterra Deactivating bag, and information
- Other local options for disposal of Rx medications
- We will also provide you with Rx drug lock boxes for clients with children and/or those you believe to be in potential risk of Rx drug theft.

We hope that you and your clients find the Deterra bags to be helpful. If you have any questions or need further information please contact Wendy Lopez or Marybeth Chamberlain at 775.423.7433. If you run out of packages we will supply you with more as well as the lock boxes.

Thank you for your support and partnership in reducing and preventing Rx drug abuse in our community!

Your Churchill Community Coalition
www.churchillcoalition.com



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Screening and Treatment

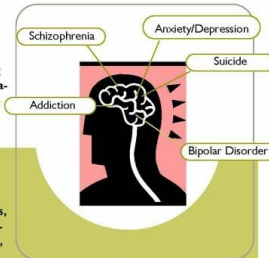
In November of 2013, 30 coalition members were trained in MHFA, covering all of Nevada's 17 counties. Over 900 people were trained in 2014.

Mental Health First Aid Training

Be the Help Someone Needs

What is Mental Health First Aid?

Mental Health First Aid is a public education program that introduces participants to risk factors and warning signs of mental illnesses. This 8-hour course uses simulations to demonstrate how to offer initial help in a mental health crisis and connect persons to the appropriate professional, peer, social, and self-help care.



Who Should Attend?

Everyone! If you have contact with the public, you should attend. This training is good for parents, families, educators, law enforcement, schools, medical staff, customer service providers, human resource professionals, faith communities, and caring citizens.

Is this like CPR/First Aid?

Like CPR, Mental Health First Aid prepares participants to interact with a person in crisis and connect the person with help. First Aiders do not take on the role of professionals — they do not diagnose or provide any counseling or therapy.

How Much Does It Cost?

This training is available for \$50pp (no CEU's) or \$75 pp with 8 CEU's. (MFT, LADC, CADC, POST, Nursing, and Social Work)

Register Today

Upcoming Trainings:
Wednesday June 10th, 8am-5pm

Register at:
<http://www.forrecovery.org/mhfa.html>

To find a course or contact an instructor in your area, visit:
www.MentalHealthFirstAid.org

Group training rates are available.



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Someone you know could be experiencing a mental illness or crisis... You Can Help

Youth Mental Health First Aid

This 8-hour certification course is designed for adults assisting young people. Youth Mental Health First Aid is the initial help given to someone experiencing a mental health problem, a crisis situation or a person developing a mental illness.

CEH approved for Nursing, Social Workers, APT, LADC/CADC, POST

Who should attend?

- Parents, families & educators
- Public safety, law enforcement & first responders
- Healthcare professionals & medical staff
- Social services, therapists & counselors
- HR professionals
- Faith communities

Upcoming Training

June 24, 2015 | 8:00 a.m. - 5:00 p.m.
3110 Polaris Ave., Suite 6
Las Vegas, NV 89102

CEU's available. All fees waived.
Register Now. Limited spots available.
To register email: Mduke@DrugFreeLasVegas.org

www.MentalHealthFirstAid.org

Mental Health First Aid Training

What is Mental Health First Aid?
Mental Health First Aid is a public education program focused on training adults to respond and assist a person who is developing a mental health problem or experiencing a mental health crisis.

YOU WILL LEARN

- This course teaches participants the risk factors and warning signs of mental illnesses, builds understanding of their impact, and overviews common supports systems.
- Participants do not learn to diagnose or how to provide therapy or counseling.

COURSE DETAILS
Mental Health First Aid teaches participants a five-step action plan, ALGEE, to support someone developing signs and symptoms of a mental illness or in an emotional crisis:

- Assess for risk of suicide or harm
- Listen nonjudgmentally
- Give reassurance and information
- Encourage appropriate professional help
- Encourage self-help and other support strategies

TEACHING METHODOLOGY
Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis, select interventions and provide initial help, also to connect people to professional, peer, social, and self-help care.

Keep this for your records

MHFA Training
This 8 hour course will be on
Date: March 21st 2015
Time: 8:30am - 5:00pm

Location: Carson City Health and Human Services
800 E Long St. Carson City, NV
89706

- Please arrive 15 minutes early for sign in
- We will begin at 8:30
- Lunch will be catered. Please contact Hannah by April 25th if you have any food restrictions or limitations.
- Dress comfortably! You will be sitting and moving and will need to feel comfortable. Also, you might want to bring a jacket as conference rooms can be chilly.
- Bring a notepad and something to write with. You will be provided a course book however it has little room for note taking.
- Questions or concerns call Hannah at (775) 671-5618

ALGEE, the Mental Health First Aid Action Plan

Assess for risk of suicide or harm
Listen nonjudgmentally
Give reassurance and information
Encourage appropriate professional help
Encourage self-help and other support strategies

Questions? Contact hannah@pactofnevada.com or (775) 941-4739

Mental Health First Aid USA is coordinated by the National Council for Community Behavioral Healthcare, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health.

Screening and Treatment

Supported Screenings:

Adult Mental Health First Aid

Youth Mental Health First Aid

Signs of Suicide

DITEP (Drug Identification for Education Professionals)

Drug Testing (Schools/Juvenile Probation)

SBIRT (Screening, Brief Intervention and Referral to Treatment)***

RAM (Remote Area Medical) – 2 locations in 2014 and 3 locations in 2015

*** Las Vegas will be training 120 medical professionals per year for 4 years)

Remote Area Medical Events In Northern Nevada

Free Medical for hundreds of patients per day!

Yerington Boys & Girls Club
124 N. Main Street
Yerington, NV 89447
October 9, 10 & 11, 2015



Carson High School
1111 N. Saliman Road
Carson City, NV 89701
October 16, 17 & 18, 2015

RAM is an international organization that travels the country and throughout the world providing free medical services with no qualifications. This event is for those in Northern Nevada who are uninsured or underinsured, with no eligibility requirements and no ID necessary. *Medical services are provided on a first come, first served basis. Line-up starts at Midnight, numbers given out at 3 a.m., doors open at 6 a.m.*



DENTAL SERVICES

Poor dental health can affect a patient's overall health and result in serious medical problems. Essential Dental Services provided at RAM clinics include; cleanings, fillings, and extractions, and may include restorative procedures.

VISION SERVICES

For many patients a pair of glasses may allow them to drive more safely, to keep or obtain a job, and/or to read a book for the first time in many years. Essential Vision Services provided at RAM clinics include: basic screenings, refracting, eye exams, and eye glasses for patients receiving a prescription.



MEDICAL SERVICES

Essential Medical Services at a RAM clinic are dependent upon local resources and can include general medical consultations, diabetic screenings and education, mammograms*, PAP smears, and other specialty services. **PATIENTS MUST BRING LIST OF CURRENT MEDICATIONS!**

**Call 877-581-6266 to make an appointment to see if you qualify for a free or reduced-cost mammogram screening. Walk-in appointments also available at the RAM clinics.*



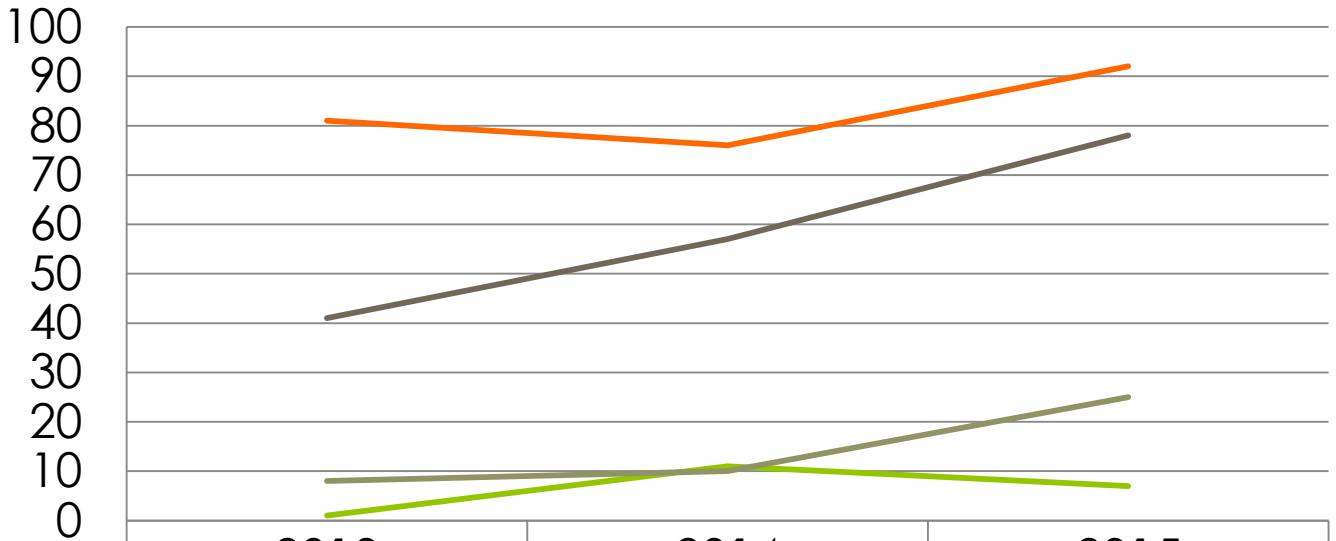
Call 775-350-4597 or email info@healthycomm.org for more information. To volunteer you MUST sign up through RAM at www.ramusa.org.



Las Vegas Take Back Events

Date	Pounds of Drugs Turned In	Location	Zip Code
6/28/14	216	Western HS	89107
7/26/14	200	Sierra Vista HS	89113
8/23/14	134	East Las Vegas Rec. Center	89101
9/20/14	84	Greenspun MS	89074
11/15/14	683	KNPR Radio Station/CSN Campus	89146
3/21/15	685	Arbor View HS	89131
4/25/15	365	KNPR Radio Station/CSN Campus	89146
5/30/15	110	Cimmarron-Memorial HS	89128
6/20/15	638	Palo Verde HS	89144
7/22/15	172	CareMore	89128
9/12/15	212	Bob Miller MS	89052
11/14/15	917	KNPR Radio Station/CSN Campus	89146
1/23/16		Channel 8 News Station/Thomas and Mack	89154

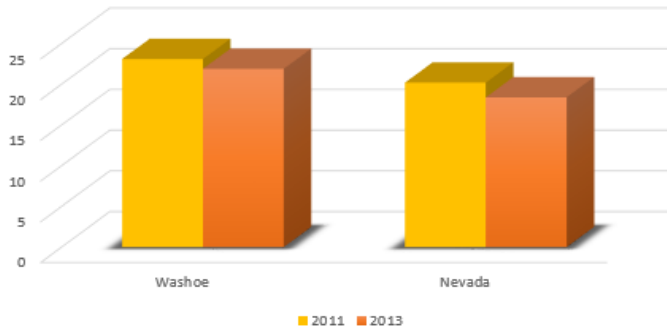
2013 – 2015 Drug Cases (Possession and Trafficking & Sales) Lyon County Sheriff's Office



	2013	2014	2015
Heroin	1	11	7
Meth	41	57	78
Marij	81	76	92
Presc Drugs	8	10	25

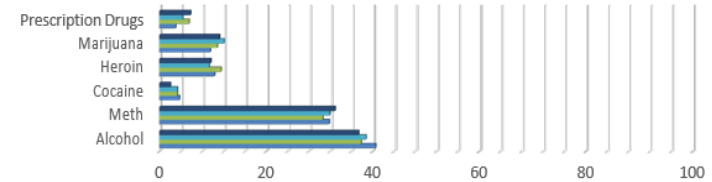
Data

High School Students Reporting Lifetime Use of Prescription Drugs



Source: Youth Risk Behavior Survey

Primary Drug of Choice Reported by Washoe County Adults Entering Treatment

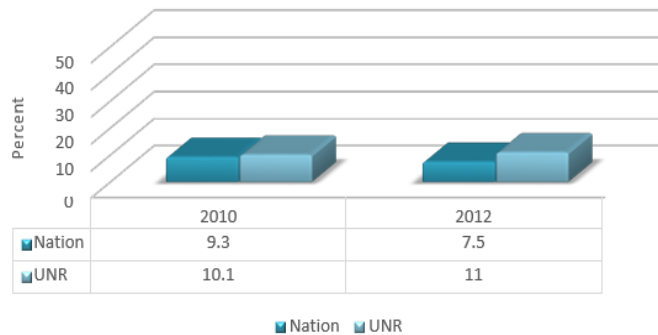


	Alcohol	Meth	Cocaine	Heroin	Marijuana	Prescription Drugs
■ 2013	37.3	32.9	2	9.6	11.2	5.8
■ 2012	38.7	31.9	3.3	9.3	12.1	4.3
■ 2011	37.8	30.6	3.3	11.5	10.8	5.5
■ 2010	40.5	31.8	3.7	10.3	9.5	3

■ 2013 ■ 2012 ■ 2011 ■ 2010

Source: Substance Abuse Prevention and Treatment Agency

Nonmedical Use of Prescription Painkillers by College Students - Past Year



■ Nation ■ UNR

Source: National College Health Assessment

All coalitions collect local data as available. Coalitions complete a Comprehensive Community Prevention Plan every two years that analyzes the data and tracks trends.

- ✔ Contract in place with Roseman University of Health Sciences to conduct two trainings for pharmacists and techs specific to the dispensing of naloxone
- ✔ Contract in place with UNR School of Medicine to provide in-person and webinar trainings specific to SB459
- ✔ Including information on the Good Samaritan law in the “Play by the Rule” book distributed to schools.
- ✔ Revisit conversations with national EPA related to disposal issues
- ✔ Clark County Rx Drug misuse survey
- ✔ Promotion of pain management alternatives
- ✔ Establishing new partnerships as needed



- Messaging priorities for 2016
- Compilation of data to date at state level
- Plan for access to treatment as a result of increased screenings
- Increase in Medication Assistant Treatment
- Assistance with insurance companies in authorizing pain management alternatives
- Complexities of reimbursement from Medicaid hindering doctors from participating

Linda Lang

Nevada Statewide
Coalition Partnership

775-450-7333
lindalang1628@gmail.com

Thank you
for
listening!
